



The
New Voice News



New Voice Club of South Florida
Serving Broward, Palm Beach and Miami-Dade
www.newvoiceclub.org

January 2009

EDITOR NEEDED
CALL WARREN
AT
(561) 737-9122

~ Next Meeting Sunday, January 18th, Noon to 2 p.m. ~
Conference center at Holy Cross Hospital
4725 N. Federal Hwy, Ft. Lauderdale, FL (south of Commercial Blvd)

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A Message from the President

December turned out to be a month of disappointments. I know you all have received the December newsletter and probably read with the same dismay that Mike Rosenkranz is retiring as our editor. There was a notice for anyone willing to take over the job to call me; so far not one call has come. That leaves the job to me to try and find someone with a little computer savvy. I know Mike will help get things started. I am also sorry I had to cancel the holiday party because of the lack of reservations.

Another disappointment is the lack of interest in coming to our monthly meetings, which include a delightful light lunch at no cost to you, along with the chance to discuss your problems with a professional and other laryngectomees. Al Smith, our program chairman, has come up with many good speakers who are also disappointed with the turnout.

So folks, I do not want to admit it but during my tenure the attendance has dropped. I hope that is not the reason for your lack of enthusiasm. I recall when I first attended a meeting, I realized that I could learn something from those folks there that already had experience being a lary and it sure worked for me and still does. I look forward to seeing you at our next meeting January 18.

Warren





What's Doing Around Town

Penny's Meeting
12/9/08

Penny spoke about nutrition for cancer survivors and nutrition supplements for general good health. She brought samples consisting of carrots, broccoli, melon, crackers and peanut butter spread made with honey. She gave out copies of the book, "Eating Well Through Cancer" written by Holly Clegg and Gerald Miletello, MD, in which there were 271 pages of easy recipes. Then there was a general discussion about dilations of the esophagus and swallowing problems. Attending were 2 laryngectomees and 2 head and neck cancer survivors.

Lynn carrier's Meeting
12/18/2008

Lynn discussed problems that a lary patient might have if the stoma is not checked for mucus plugs while in a hospital or rehab center. If plugs are not removed, they build up and the patient can choke. It's the responsibility of the patient or family member to see that a nurse checks the stoma for possible obstructions. She then discussed the new meeting date and place, which is detailed on page 3.

Upcoming Events

Main Meeting

3rd Sunday of each month

Next meeting January 18th, Noon-2 p.m.

Speech Therapy and Support Group at noon
Advisor: Pascale Bourne MA, CCC-SLP
Followed by Light refreshments
Meeting and Program

Conference Center - Holy Cross Hospital
4725 North Federal Highway, Ft. Lauderdale
(U.S. 1 just south of Commercial Blvd.)

More information: Christina at (954) 267-7770

Support Group Meeting

Boca Raton Community Hospital
LYNN CANCER CENTER
701 NW 13th ST 3rd FLOOR

Facilitator: Lynn Carrier MS, CCC-SLP
Next Meeting - January 7

10:30 - 11:30 a.m.

More information

More information: (561) 395-7100 Ext 7430

Veterans Administration Medical Center
7305 N. Military Trail
West Palm Beach, FL 33410

Loreen Blumenthal, M.S.P.A., CCC-SLP
Veterans Laryngectomee Group
(Veterans & family members only)

2nd Thursday of each month

Next Meeting - January 8th

11a.m. - 12 noon

More information (561) 422-6237

UMSylvester/Deerfield
Comprehensive Cancer Center
1192 East Newport Center Drive, Room 230,
Deerfield Beach

Facilitator: Penny Fisher MS, RN, CORLN
Mort Silverblatt SPOHNC Support Group

2nd Tuesday of each month

Next Meeting - January 13th

1:30 - 3:00 p.m.

More information (305) 243-4952

Support Group Meeting—New Time and Place

Beginning January 7, 2009

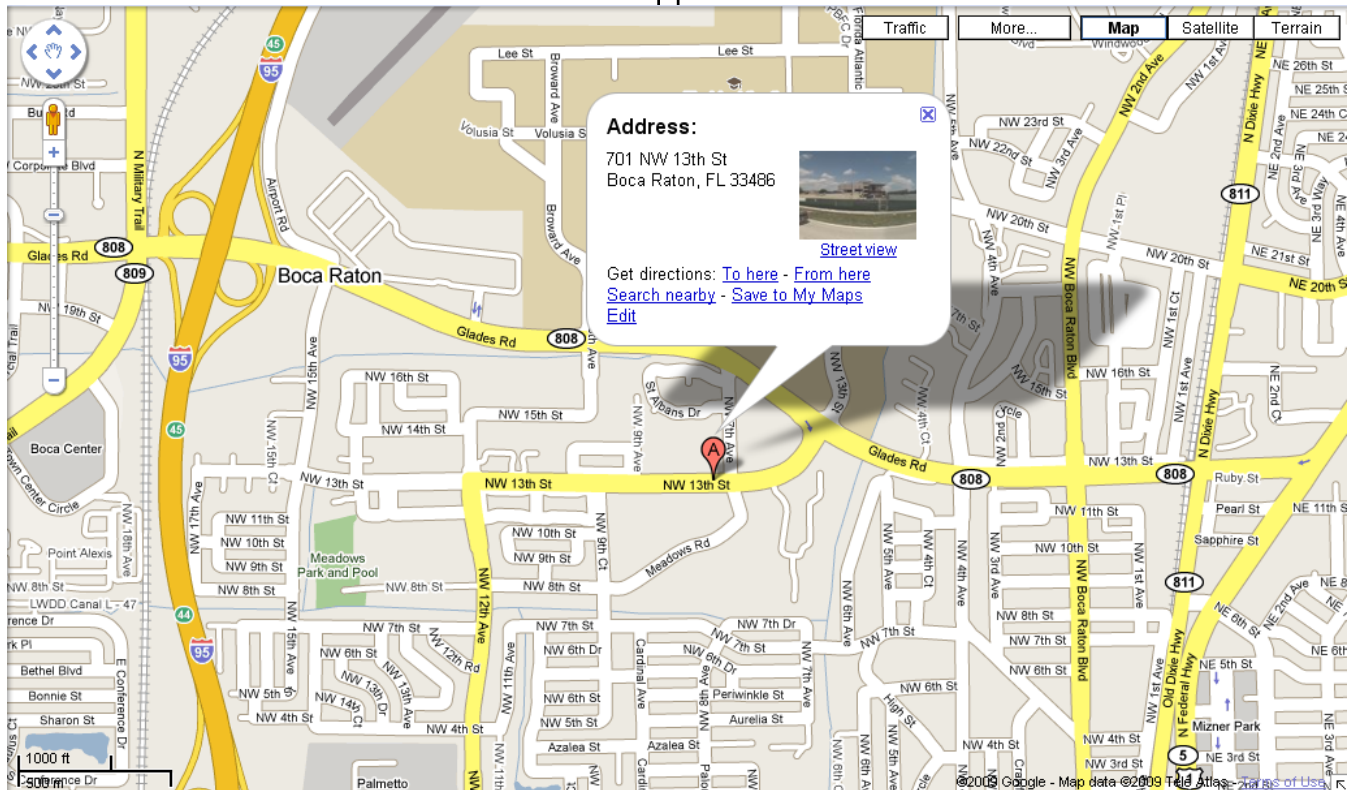
Time: 10:30—11:30

**The Harvey and Phyllis Sandler Pavilion
Of the Lynn Cancer Center**

701 NW 13th Street
Boca Raton, FL 33486

Conference Rooms 4/5 on the 3rd floor

Map:



Directions:

From 1-95—Take the Glades Rd exit and go east 2 miles past the entrance of FAU. Turn right onto NW 7th Ave. Turn right into the parking lot just before NW 13th Street, or turn right on NW 13th Street then immediately turn right into the parking lot.

From US-1 take Glades Rd west until you reach NW 13th Street. Take a left on NW 13th Street. Go past the first light and turn right into the parking lot.

We are blessed to have such a beautiful facility with state of the art equipment and the finest health care professionals for evaluation, treatment, and prevention of cancer and related diseases.

Hope to see you there!

Lynn Carrier

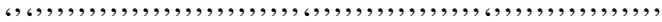


January Birthdays

2009

Paul Barber	Judith Russo
Judy Gilick	Joe Saliba
Jim Kimling	Arthur Schultz
Leah Ostrander	Doris Schadd
Molly Rapchick	Lucy Whitestone

Happy Birthday to All



JANUARY 2009

WE WISH EVERYONE

A HAPPY AND HEALTHY

NEW YEAR