

# New Voice News

September, 2003

*New Voice Club of Broward County*

[www.newvoiceclub.org](http://www.newvoiceclub.org)

## Main Meetings Held at the Margate Senior Center

6009 NW 10th Street, Margate 2nd entrance (automatic door)

12:00

1:00

4blks N of Atlantic Blvd-2blks W of 441

Therapy

Meeting

### President's Message

Would you like to Improve your voice quality? Would you like to see some vendors in person and view their products? Would you like to have your EL adjusted or repaired? Do you have any unanswered questions about being a laryngectomee.

You can do all this by attending the Florida Laryngectomee Association meeting in Daytona Beach from October 31 to November 2, 2003. The meeting will at a newly rebuilt hotel on the beach and include voice evaluations, educational sessions and social events to meet new laryngectomees and learn new things. If you are interested and have not signed up see Earl or Carl at the meeting and we will help you sign up. If money is a problem the club can help with that also.

Our speaker for the September meeting is Joann Leahy, Manager of Community relations from UM Sylvester/Deerfield. She will tell us about upcoming events at Deerfield and about their clinical program. The facility is new with a comfortable meeting room and the latest in audiovisual facilities. We have had about five meetings there already with a good turnout from the club.

**September's Meeting will be on The 21st at the Senior Center to the left of the library. This is a new "Permanent" location since the library will be closed for an indefinite period. Come in Park Road and turn left at 10th Street**

In October our speaker will be Kim Wieleba from ICAN. She is a Licensed Clinical Social Worker and will talk about getting psychological help for people with difficulties with cancer. Kim has a private practice in Boynton Beach.

In November our speaker will be Theresa Biber from the Cleveland Clinic in Weston. She is a speech pathologist and will speak about Post Radiation Fibrosis.



**NEXT MEETING**  
**Sunday**  
**September**  
**21st**

President

Carl Kilmer  
(954) 472-0865

1st VicePresident  
Doris Littlefield  
(561) 330-0510

2nd Vice President  
Warren Goodman  
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Secretary:  
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Visitations & Liaison:  
Earl Mogk  
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Directors:  
Evelyn Acosta

Norm Edelman

Sidney Gellman

Jim Kimling

Earl Mogk

Gary Morey

Mike Rosenkranz

## CLUB NEWS

The August speakers were Nancy Albright from Health South and Shelly Beck from the American Cancer Society. Nancy spoke about nutrition for Cancer Survivors, cancer prevention and nutrition and supplements for general good health. Shelly Beck brought us up to date on the upcoming events sponsored by the American Cancer Society, particularly the Relay for Life.

Refreshments for the August meeting were provided by Jim Kimling. Thanks Jim.

Wini asked me to let you know that the Craft Sale for the Women's auxiliary of FLA has been discontinued. Cash donations made out to that group would be much appreciated.

Two upcoming programs at UMSylvester at Deerfield Beach are Women's Wellness Day with three speakers from 11AM to 2:30PM. There will also be Informational tables. Lunch will be served. Cutting Edge Treatment for Chronic Pain will be presented by Salahadin Abdi, MD, PHD at Deerfield Sep 23 Noon-1PM Call 1-800-545-2292 for reservations

New members in attendance at our August meeting were Bill and Loretta Romanello and Morty and Roz Stern. A prospective new member was Bernard Lalime.

Joann Leahy will be speaking next month about community education programs.

Good news reported by Gary Morey. Bill Perry is on his third week of chemotherapy and is tolerating the side effects so well that he has started to regain the 69 pounds that he lost recently from cancer.

Doris Littlefield still has not had her hip replacement. Doctor vacations, additional tests, etc. Now scheduled for September 9. Let's hope that all goes well.

Barbara Gellman cracked her pelvis in two places when she slipped in her bathroom. She is in a wheelchair and we wish her a speedy recovery.

We lost another member. Lope "Buddy" Hampton. He was in a hospice for about a year before passing away. The memorial service in Fort Lauderdale was attended by over 300 people. He was much beloved.

Jim Sullivan, our Florida Laryngectomee Association 1<sup>st</sup> Vice President and President of the Chatterbox club passed away last month. We'll miss you Jim.

UM/ Sylvester at Deerfield had two meetings on the 27th and 28th of August. Penny Fisher her Head and Neck Cancer Support Group on 27th and spoke about cancer survivorship. Penny's next meeting at Deerfield is October 22nd.

Doctor Jerry Goodwin presented a talk "Can Cancer be Prevented" on the 28th. He focused on lifestyle changes to insure general good health. Exercise, get enough rest and eat properly. He also shared his personal vitamin and supplement program. The New Voice Club was well represented.

### September Birthdays

Mary Abitabile - 10th; Gary Morey - 12th; Mary Cooper & Mae Gerstenblith - 15th; Bonnie Emerson - 16th; Roma Vangel - 18th; Robert Lewis - 19th; Patty Sewell - 21st; Bernie Bliznik & Joanne Keyes - 23rd; Pat Costello & James Thompson - 24th; Alex Koukly - 26th; Abe Nacherman is 96 On the 28th... Happy birthday to all!

### UP-COMING EVENTS

- ? **FREE SPEECH THERAPY** (1st Thursday)  
(Coffee) with Bonnie Emerson (Donuts)  
The Rehabilitation Institute of Florida  
Florida Medical Center - Auditorium  
5000 W Oakland Park Blvd  
Next Meeting - Thursday, October 2nd - 11:00AM  
More information: (954) 735-6000 Ext 5307
- ? **FREE SPEECH THERAPY** (3rd Thursday)  
With Lynn Clements, CCC-SLP  
Boca Raton Community Hospital  
DAVIS THERAPY CENTER  
OAKS PLAZA - Glades Road at 13th Street  
Next Meeting - Thursday, Sept. 18th - 10:30 AM  
More information: (561) 361-7430
- ? **UM/Sylvester at Deerfield**  
Women's Wellness  
Wednesday September 17th - 11:00 AM  
Cutting Edge Treatment for Chronic Pain  
Tuesday September 23rd - 12:00 PM
- ? **Florida Laryngectomee Association**  
2003 ANNUAL MEETING  
October 31st - November 2nd  
Plaza Resort and Spa - Daytona Beach  
Reservations Required
- ? **See You There**