

New Voice News

March, 2003

New Voice Club of Broward County

www.newvoiceclub.org

Main Meetings Held at Catherine Young Library

5810 Park Dr, Margate

12:00

1:00

4blks N of Atlantic Blvd-2blks W of 441
Refreshments after Meeting

Therapy &
Rap Sessions

Meeting &
Program

President's Message

Nothing great has ever been
achieved without enthusiasm!

Ralph Waldo Emerson

We welcomed new members, Nancy and Sam Schneiderman, who attended with their daughter Linda, and it was also great to see old-time members back for a visit: Tony & Laura Talmich... Tony had been having a problem with his Servox and came by to see what was new and get some advice I feel this really stresses the importance of our Club and the support we offer not only the newest laryngectomees, but our on-going membership!

Helene Fischer from Nova University was very complimentary of our new student orientation & training program which Gary Morey, Joe Esposito, and Lenny Weinstein have started prior to the group sessions, Great Job! Sharing our knowledge regarding the special needs of all laryngectomees, becomes quite a project with many avenues, and both a sense of humor and enthusiasm are key ingredients... Dr Penedo, from U of M - Sylvester, stressed how important support groups are in the development of our immune system and cancer recovery and was most informative with the

**APRIL MEETING WILL BE HELD ON
THE 4th SUNDAY THIS YEAR - 27th
DUE TO EASTER
LYNN CLEMENT'S MEETING
Boca Raton Community Hospital
is back to the 3rd Thursday - 20th**

results of his finding over the past year at our last month's meeting... Controlling Stress, Anger Management & Positive Reinforcement, were three important factors which have an actual physical impact on our system, and are clearly improved in patients who actively participate in support therapy groups...

This newsletter will likely go forth the day of our group effort to show our support for the American Cancer Society at the Plantation, "Relay for Life" on March 7th... I hope Carl Kilmer's plans and the special mailing which Earl & Wini Mogk, made for this effort will result in a stellar showing of our group's support! If you missed this one however, see the enclosed listings with this month's newsletter for others in our area...

Hoping also to see you the 16th!
Larry Jo(>);



**NEXT
MEETING
Sunday
March
16th**

President:
Larry Switzer
(954) 523-6053

VicePresident
& Sunshine
Carl Kilmer
(954) 472-0865

2nd VicePresident
Doris Littlefield
(561) 330-0510

Secretary:
Dottie Kilmer
(954) 472-0865

Treasurer:
Lenny Weinstein
1427 E Hillsboro Bv 529
Deerfield Bch, FL 33441
(954) 427-7043

Visitations & Liaison:
Earl Mogk
141 Eleuthera Dr
Dania Beach, FL 33004
(954) 929-0136

Directors:
Evelyn Acosta

Norm Edelman

Sidney Gellman

Jim Kimling

Earl Mogk

Gary Morey

Mike Rosenkranz

CLUB NEWS

Thanks to Mike Rosenkranz we all sang like birds (or was that for the birds?) last month to open the meeting... we had a nice sized group for the Valentine's Lunch, and even though Frank Penedo was a little late due to some direction problems, Marc Gellman came to his rescue and talked to us about the behavioral study project in general... It was noted that Laryngeal Cancers only comprise about 1% of all cancer (or a mere .01% of the population) Thus it is understandable why WE must take the initiative and be prepared & informed for those emergencies and situations which take us into a healthcare system with other, higher priorities... Good News however, we also fall into the primary category of Head & Neck cancer which has seen the greatest survivor rate increase of all cancer in the past seven years!



Finally after we were already eating, Dr Penedo gave us a most informative program regarding his findings from studies with cancer patients this past year... He indicated that he would also be adding the Deerfield Beach facility to his schedule... We are currently working on a time and date for a special club presentation at Sylvester's CCC in Deerfield Beach as well, and will announce the plans as soon as the final arrangements have been made... The General Open-House for the new unit is Thursday, March 13th, 10:00 AM - Noon... Directions are: West on 10th Street at I-95, Deerfield Beach, 1st Left (S) into Newport Center, 1st Left onto Newport Drive & 1192 is a long curving block on your Left into the parking lot...

Dottie Kilmer announced that she was able to put together a cruise package for our group and family & friends for the Fall of this year... The Cruise Dates are September 27th through October 4th, aboard the newest of Royal Caribbean's super-ships, Navigator of the Seas! Ports include Nassau, St Thomas & Puerto Rico and the savings are terrific... Complete info is available on our website or you can contact Dottie directly for all the details at Jacaranda Travel, phone: 954-473-6611

email: dkilmer@jacarandatravel.com

While we may rank low in Cancer priorities (Lung & Prostrate in men and Lung & Breast in women are highest) We do rank among the highest of all Survivors, and that makes us doubly important to ACS as survivors benefit their support system greatly... Help ACS continue to help us and try to attend a "Relay for Life" in your area and/or donate a "Luminary"

Special Presentation

Lynn Clements, the new Speech Pathologist from Boca Raton Community Hospital - Davis Therapy Center, will be talking to our group this month regarding both the care and cleaning of our stomas along with some helpful information regarding what to do in case of emergencies and how BRCH can help  

March Birthdays

AnaMaria LeVeille - 2nd; Norman LaVeille & Sam Schneiderman - 3rd; Mike Rosenkranz - 4th; Joan Harner - 5th; Arthur Breyan - 9th; Ralph Friedman - 12th; Gerry Brown & Sid Gellman - 17th; Laura Winthrop - 18th; Marilyn Rupnik - 20th; Matty Matthews & Joyce Robinson - 24th; Earl Mogk - 25th; Karla McFarland - 28th
Burl Blosser - 29th

UP-COMING EVENTS

- ? **FREE SPEECH THERAPY** (1st Thursday)
(Coffee) with Bonnie Pastor (Donuts)
The Rehabilitation Institute of Florida
Florida Medical Center - Auditorium
5000 W Oakland Park Blvd
Next Meeting - Thursday, April 3rd - 10:00AM
More information: (954) 735-6000 Ext 5307
- ? **FREE SPEECH THERAPY** (3rd Thursday)
With Lynn Clements, CCC-SLP
Boca Raton Community Hospital
DAVIS THERAPY CENTER
OAKS PLAZA - Glades Road at 13th Street
Next Meeting - Thursday, March 20th - 10:30AM
More information: (561) 361-7430
- ? **F L A - SPRING FLING** - May 16 - 18th
Jacksonville Laryngectomee Association
JAX Riverfront Hilton - \$69.00 per night
1-800-HILTONS under FLA Spring Fling
See the F L A Newsletter for more details
- ? **I A L CONVENTION 2003 - ATLANTA**
June 24th - 28th
- ? **NVC - Royal Caribbean Cruise**
September 27th - October 4th
See Dottie Kilmer for details
Work: 954-473-6611 - Home: 954-472-0865
- ? **SEE YOU THERE!**