

New Voice News

November, 2004

New Voice Club of Broward County

Serving the tri-county area

www.newvoiceclub.org



Main Meetings Held at the Margate Community Center

6199 NW 10th Street, Margate, FL

12:00

1:00

4 blks N of Atlantic Blvd.
2 blks W of 441 (St. Rd. 7)

Rap Sessions Meeting & Program
Refreshments after Meeting



Meet our friendly giraffe who has been gracing the front page of our Newsletter for several months. He has something in common with the rest of us. We adopted him as our mascot because a giraffe, you see, has no vocal cords. He may or may not be a candidate for a TEP, but we do know the poor little fellow has no name. Unless we just call him Lary. Do we hear any other suggestions?

From the web

Mucus in healthy lungs moves continually up from the lungs and trachea in what has been described as similar to a conveyor belt by a wave-like movement of tiny hair-like structures called cilia. It is the way the airway cleans itself of any contaminants breathed in. **Mucus** which is thin/watery works best since it moves more easily than thick mucus. The thinner the mucus the less likely you are to get a blocked airway from a mucus plug. From a health standpoint, a continuous flow of clear runny mucus up the trachea is not a bad thing, but a benefit. **from a post by David Blevins on Webwhispers list/serv Oct. 21st.** To thin mucus: drink lots of water, use HME filter or dampened stoma cover, irrigate your stoma as needed with saline solution.

From Daytona Beach

The Florida Laryngectomee Association held a highly successful **Annual Meeting** in Daytona Beach on October 29-30. There were thirteen vendors registered and seventeen representatives. Vendors are a major financial support for the AM. There were 110 attendees, up from eighty-nine last year, and the **NVC of Broward** had the largest delegation

NEXT MARGATE MEETING ELECTION OF NEW OFFICERS November 28th

with eighteen in attendance. The present slate of officers was re-elected; **Carl Kilmer** will start a new two year term as President, and **Earl Mogk** will start a new two year term as Treasurer. **Mike Rosenkranz** conducted the installation ceremony. A talk on the Effects of Radiation on the head and neck was presented by **Lisa Proper**, who offered many helpful tips on how to combat its side-effects. The FLA Executive Committee agreed to offer **Visitation Training** at the 2005 AM, and plans to offer **Anti-tobacco Speaker Training** in 2006, though no firm decision has been made. **Annette Miller** presented a questionnaire on what laryngectomees are looking for from a rehabilitation standpoint.

Speech Evaluations were done for **Warren Goodman, Bernard Lalime, Al Kreisler, Al Smith, Pat Hopping and Gary Morey**. The Hall of Fame Award for 2003 was presented to **Lenny Weinstein** at the banquet.

+++++

HEARTIEST CONGRATULATIONS
LEONARD WEINSTEIN
RECIPIENT OF THE
FLA LIVING MEMBER
HALL OF FAME AWARD FOR 2003



NEXT
MEETING
Sunday
November 28th
2004

President
Carl Kilmer
(954) 472-0865
Carlkilmer@bellsouth.net

1st Vice President
Doris Littlefield
(561) 330-0510

2nd Vice President
Warren Goodman
(561) 737-9122

Secretary:
Dottie Kilmer
(954) 472-0865

Treasurer:
Lenny Weinstein
1427 E Hillsboro Bv 529
Deerfield Bch, FL 33441
(954) 427-7043

Visitations & Liaison:
Earl Mogk
141 Eleuthera Dr
Dania Beach, FL 33004
(954) 929-0136

Directors:
Evelyn Acosta

Sidney Gellman

Jim Kimling

Earl Mogk

Gary Morey

Mike Rosenkranz

CLUB NEWS

Our next two meetings fall on holiday weekends. **Election of Officers and Directors** will be held on November 28th, the Sunday of Thanksgiving weekend. **Installation of Officers and Directors** will take place at December's meeting on the 26th. This may be inconvenient for some, but we hope to have a great turnout for both the election and installation.

The **Nominating Committee** has selected the following for the 2004 - 2006 term of office.

President: Carl Kilmer

1st V. P. : Warren Goodman

2nd V. P.: Pat Hopping

Secretary: Dottie Kilmer

Treasurer: Lenny Weinstein

Director : Sid Gellman, Earl Mogk, Patty Sewell, Bill Romanello, and Mike Rosenkranz

Further nominations will be accepted from the floor prior to the election.

Gary Morey has been doing a fabulous job working with the Nova speech students. We had fourteen students at our last meeting. Gary meets with them at least thirty minutes before every meeting to explain the physiological changes we all experience as a result of our surgery. It is only after this brief but thorough grounding that the students join us in our rap session circles.

Lynn's meeting: We welcomed back Seymour Platt after a long absence, and Lenny Weinstein after his recent surgery. Also present were Bob Thomas, Al Smith Carl Kilmer, Matty Matthews, Gary Morey, Jim Kimling, Bill Romanello, Larry Switzer, Mike Rosenkranz and a Nova speech student, Christine Candia. Lynn announced that Dr. Aaronson has relocated here and will be performing laryngectomies.

Pascale's meeting: Present were Carl Kilmer, Al Smith, Pat Hopping, Earl and Wini Mogk, Mike Rosenkranz, Lenny Weinstein and Elaine Brown. We were reminded of our mission to support our fellow laryngectomees by the presence of a new laryngectomee. He had used an old Newsletter with incorrect meeting information to find us, but left the meeting after a few minutes and never returned. We can only assume that his first contact with others was more than he could handle. Unfortunately, we only know his first name and have no way to contact him.

Margate meeting: We welcomed our newest members, Thomas and Maureen Sullivan, and welcomed back long time member Adolph Whitestone. We were happy to see that Eugene Pinard was able to attend.

Tropical Acres Holiday Party

Please mail checks and meal selection to
Carl Kilmer, President
144 Wimbledon Lake Dr.
Plantation, FL 33324

November Birthdays

1st Nancy DeGregory	14th Florence Margolis
5th Warren Goodman	15th Donna Lewis
6th Evelyn Acosta	18th Peggy Brown
6th Bernard Lalime, Sr	21st Donald Robinson
9th Al Smith	30th John Dalton
12th Frank Recca	30th Susie Dominic
	13th Evelyn Weiss

Happy Birthday to All

UP-COMING EVENTS

? FREE SPEECH THERAPY (1st Wednesday)

(Coffee) with Pascale Bourne (Donuts)

Florida Medical Center - Auditorium
5000 W Oakland Park Blvd

Next Meeting - Wednesday December 1st
10:30 – 11:30 a.m.

More information: (954) 735-6000 Ext 5307

? FREE SPEECH THERAPY (3rd Thursday)

With Lynn Carrier, CCC-SLP

Boca Raton Community Hospital
DAVIS THERAPY CENTER

OAKS PLAZA - Glades Road at 13th Street
Next Meeting - Thursday, November 18th
10:30 – 11.30 a.m.

More information: (561) 361-7430

UM/Sylvester/Deerfield

? Thursday, November 18th 2- 3 p.m.

Cancer 101, Arnold Markoe, M.D., Sc.D.

Chrmn and Prof., Dept. of Radiation Oncology

? Wednesday, November 24th, noon-1 p.m.

Photodynamic Therapy for
Superficial Head and Neck Cancer
Francisco Civantos, M.D., F.A.C.S.
Associate Professor of Otolaryngology

? Thursday, December 2nd, 2- 3 p.m.

Radiation Therapy Demystified
Arnold Markoe, M.D., Sc.D.

? Tuesday, December 14th 1:30-3:00 p.m.

Mort Silverblatt Head and Neck
Cancer Support Group (Penny Fisher's group)

? Sunday, December 5th 3:00 p.m.

Holiday Party: Tropical Acres Restaurant
2500 Griffin Road, Dania Beach
(Two minutes west of I-95)