

# New Voice News

October, 2004

New Voice Club of Broward County

[www.newvoiceclub.org](http://www.newvoiceclub.org)

Main Meetings Held at the Margate Community Center  
6199 NW 10th Street, Margate, FL

4 blks N of Atlantic Blvd.  
2 blks W of 441 (St. Rd. 7)

12:00                      1:00  
Rap Sessions    Meeting & Program  
Refreshments after Meeting

One of the most enjoyable and least boring ways to practice your NEW VOICE SKILLS is to Sing-a-Long to MUSIC. These are the opening words when you click on the "Fun" Therapy Sing-a-Long link on the left side of the homepage on our website. We have been blessed with a second voice, and it is up to each of us to perfect that voice to the best of our ability. Three words sum up the way to do this. PRACTICE PRACTICE PRACTICE

Browse through the countless songs available to help perfect your speaking, and remember to concentrate on your articulation, breathing, and phrasing. Investigate the other links on our site when you feel like taking a break. Practice for short periods, take a break, then practice again. Use a tape recorder so you can compare your speaking from week to week. You will be pleasantly surprised at the improvement in your speech. In the words of our webmaster, Larry Switzer, "SINGING" will help add greatly to your RANGE and ARTICULATION... I know this sounds almost too good to be true... but I discovered this \*FUN\* Therapy during my very first Voice Institute in Daytona Beach, during the Sing-a-Long... Even though at that time less than a third of the words came out... because of the SINGING aspect... I just kept moving right along to the music and did not get frustrated over those words I couldn't "say".... and therefore, doubly enjoyed the ones I could!

#### Care of your electrolarynx battery

A fully charged NiMH battery lasts for about 7 hours of continuous operation at a normal volume. This varies due to speech pauses,

**NEXT MARGATE MEETING  
4TH SUNDAY AT NOON  
October 24th**

temperature, humidity and battery age. **Charge your battery overnight, every night, so that a fully charged battery is available for the next day's use.** It is best to have two or more batteries, and alternate using them. The same battery should not be used every time. Numbering the batteries makes it easier to alternate them. Store unused batteries in a cool, dry place, such as the refrigerator, or at the very least, in an air-conditioned room. Before using a battery for the first time, be sure it is completely charged to its total capacity. Place the battery in the charger with due care so that the wrong polarity does not destroy the battery. It is not necessary to let the battery completely drain before charging it. Never carry your battery or E/L in your pocket with keys, coins or other metallic objects. This could destroy the battery and could also give you a severe burn from the heat it would generate. A small film container is perfect for carrying your spare battery. Be sure you remove the film before inserting the battery. Sorry!! Just couldn't resist that last one.



**NEXT  
MEETING  
Sunday  
October 24th  
2004**

President  
Carl Kilmer  
(954) 472-0865  
Carlkilmer@bellsouth.net

1st Vice President  
Doris Littlefield  
(561) 330-0510

2nd Vice President  
Warren Goodman  
(561) 737-9122

Secretary:  
Dottie Kilmer  
(954) 472-0865

Treasurer:  
Lenny Weinstein  
1427 E Hillsboro Bv 529  
Deerfield Bch, FL 33441  
(954) 427-7043

Visitations & Liaison:  
Earl Mogk  
141 Eleuthera Dr  
Dania Beach, FL 33004  
(954) 929-0136

Directors:  
Evelyn Acosta

Sidney Gellman

Jim Kimling

Earl Mogk

Gary Morey

Mike Rosenkranz

## CLUB NEWS

Last month's Margate meeting was cancelled because of the uninvited presence of an unwelcome visitor. **Jeanne** was the 4<sup>th</sup> hurricane to hit our state in six weeks. This has been a hurricane season to remember but, hopefully, not to repeat.

**Arts and crafts are needed for the auxiliary sale at the Annual Meeting in Daytona. Bring your donations to the next meeting if you are not going to Daytona.**

The first visitation training class was facilitated this past Tuesday by **Penny Fisher** and **Pascale Bourne** at UM/Sylvester/Deerfield. It was an intensive four hours of training, and was followed by the awarding of certificates of completion to **Bill Romanello, Carl Kilmer, Gary Morey, Joe Esposito, Norm Edelman, Mike Rosenkranz** and **Matty Matthews**. **Bill Romanello, Gary Morey** and **Joe Esposito** are to be commended for their work on the organizing committee.

**Lenny Weinstein**, is recuperating after unexpected surgery for an abdominal blockage. He is undergoing rehab therapy and cannot wait to get back home.

**Patty Sewell** had to drop out of the visitation training to take care of husband Richie who is laid up with a bad back. She will attend the next class.

**Warren and Flori Goodman** are back from a wonderful tour. Ask Warren to tell you about his adventure of the "disappearing prosthesis". He lucked out and was able to get to the doctor before his puncture closed. Warren used his Cooper-Rand until a new prosthesis was installed. Just another example why it always pays to have your backup voice handy.

Nineteen of our members have registered to attend the Annual Meeting of the FLA on the 27<sup>th</sup> and 28<sup>th</sup> at Daytona Beach. It is a great experience to attend one of these meetings, especially for "first-timers".

It is time to make your reservations for our annual holiday party on Sunday, December 5<sup>th</sup>, at the Tropical Acres Restaurant. The cost is \$25 per person and checks should be made payable to the New Voice Club of Broward. You have a choice of chicken or steak, and Tropical Acres is famous for their steaks. Please bring your checks to the meeting on the 24<sup>th</sup>, or mail them to Carl Kilmer. Don't forget to indicate your choice of meal.

**Mail Holiday Party checks and meal selection to  
Carl Kilmer, President  
144 Wimbledon Lake Dr.  
Plantation, FL 33324**

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### October Birthdays

1st Ralph Shadd	14th Joan Kittrell
3rd John Mitchell	19th Angel Cruz
9th Gene Kimble	21st Roz Stern
13th Anita Edelman	22nd Marion McKelvey
14th Bernard Jacobs	29th Barbara Gellman

**Happy Birthday to All**

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### UP-COMING EVENTS

? **FREE SPEECH THERAPY (1st Wednesday)**  
*(Coffee) with Pascale Bourne (Donuts)*  
**Florida Medical Center - Auditorium**  
**5000 W Oakland Park Blvd**  
**Next Meeting - Wednesday November 3rd**  
**10:30 – 11:30 a.m.**  
**More information: (954) 735-6000 Ext 5307**

? **FREE SPEECH THERAPY (3rd Thursday)**  
**With Lynn Carrier, CCC-SLP**  
**Boca Raton Community Hospital**  
**DAVIS THERAPY CENTER**  
**OAKS PLAZA - Glades Road at 13th Street**  
**Next Meeting - Thursday, October 21st**  
**10:30 – 11.30 a.m.**  
**More information: (561) 361-7430**

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### UM/Sylvester/Deerfield

? **Wednesday, October 20th 6:00-7:00 p.m.**  
**Prostate Cancer 2004**  
**PSA, Treatments, and Alternatives**  
**Mark Soloway, M.D.**  
**Chairman and Professor Dept. of Urology**

? **Tuesday, November 9th 1:30-3:00 p.m.**  
**Mort Silverblatt Head and Neck**  
**Cancer Support Group**

? **Friday-Saturday, Oct 29-30th**  
**F-L-A Annual Meeting**  
**Plaza Ocean Club Hotel**  
**Daytona Beach**

? **Sunday, December 5th 3:00 p.m.**  
**New Voice Club Holiday Party**  
**Tropical Acres Restaurant**  
**2500 Griffin Road, Dania Beach**